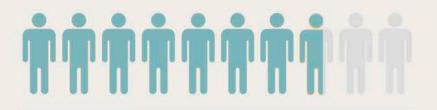
STITCH AWAY STRESS



76%

OF KNITTERS AND CROCHETERS
LIKE TO KNIT WITH SOMEONE ELSE

49%

OF KNITTERS SAY THEIR FAVORITE PERSON TO STITCH WITH IS A FRIEND

32%



OF YARN IN THEIR STASH

83%



SAY THEIR FAVORITE PLACE TO KNIT IS IN FRONT OF THE TV

62%

83%

OF KNITTERS AND
CROCHETERS HAVE
TAUGHT A CHILD HOW
TO KNIT OR CROCHET

OF KNITTERS AND
CROCHETERS SAY
THAT THE BIGGEST
BENEFIT A CHILD
GETS FROM LEARNING
TO KNIT OR CROCHET
IS A SENSE OF

BEST TIME TO KNIT

58%

OF KNITTERS AND CROCHETERS FAVORITE TIME TO KNIT IS DURING THE EVENING

51%

OF KNITTERS AND CROCHETERS FIND THAT KNITTING IN THE MORNING IMPROVES THEIR DAY



61%

KNIT OR CROCHET 1-12 HRS A WEEK



39%

KNIT OR CROCHET 13-25 HOURS A WEEK



80%

A OF KNITTERS AND
CROCHETERS THAT SAY THE
SKILL HELPS REDUCE STRESS

94%

B % OF KNITTERS AND
CROCHETERS THAT SAY THE
SKILL HELPS THEM TO RELAX



CRAFT YARN COUNCIL